

[ Your Future Starts Here ]



SAN DIEGO  
MIRAMAR  
COLLEGE

CaWORKs   
EDUCATION THAT WORKS!  
CALIFORNIA COMMUNITY COLLEGES



**San Diego Miramar College CalWORKs Student Services**  
**619-388-7378 • Location: KI-305**

10440 Black Mountain Road  
San Diego, CA 92020

[sdmiramar.edu/campus/calworks](https://sdmiramar.edu/campus/calworks)

## [ What is CalWORKs? ]

California Work Opportunity and Responsibility to Kids (CalWORKs) program is the state's implementation of the Federal Temporary Assistance to Needy Families (TANF) program. CalWORKs has provided cash assistance and Welfare-to-Work services to families whose income is inadequate to meet their basic needs since 1998.

The program serves all 58 counties in the state and is operated locally by the San Diego County Health and Human Services Agency.

When attending college to meet a Welfare-to-Work requirement, the San Diego Miramar College CalWORKs Student Services program offers supportive student services to CalWORKs recipients and coordinates benefits provided by the San Diego County Welfare-to-Work agencies. When enrolled in classes that lead to an employable degree or certificate program, these agencies will pay for textbooks, childcare, and transportation.

In addition to the benefits provided by the Welfare-to-Work agencies, students receive additional services from Miramar College CalWORKs Student Services including: priority registration, academic and career advising, Work Study opportunities, gas cards\*, school supplies\*, a learning community, and a student-parent support group.

\* *pending available funds*

Some of the paths CalWORKs students pursue:

- Career Technical Education
- English Language Acquisition (ELAC—formerly ESL), 1-3 years
- Certificate Programs 1-2 years
- Associate Degree, 2-3 years
- Bachelor's Degree Transfer, 2-3 years at Miramar and 2-3 years at a university

### **San Diego Miramar College Mission Statement**

San Diego Miramar College's mission is to prepare students to succeed by providing quality instruction and services in an environment that supports and promotes success, diversity, inclusion, and equity with innovative programs and partnerships to facilitate completion for degrees/certificates, transfer, workforce training, and/or career advancement.

## [ CalWORKs Student Services and Benefits ]

### Counseling Services

Miramar College CalWORKs Academic Counselors provide educational career advising to help ensure you achieve an employable educational goal. We will guide you to understand what classes to take and provide support to help you monitor your academic progress. We inform you about campus and community resources to help you overcome obstacles toward success. We also help you understand your rights and responsibilities as a CalWORKs student.

### Priority Registration

Miramar College understands how important it is to get the classes you need to accomplish your goal. After completing an orientation with our program, CalWORKs students receive top-tier priority registration. This means that you will have the opportunity to register for classes

before most students. As long as you are in good academic standing and meet the program guidelines, you will receive priority registration every semester that you are in our program.

### Textbooks, Parking Permits, Child Care

When attending college to meet Welfare-to-Work requirements, you will receive supportive services from the County of San Diego CalWORKs system to pay for childcare, parking permits, and required textbooks and supplies. The Miramar College CalWORKs program will coordinate with your county-approved Welfare-to-Work provider to help you get your county-funded supportive services.

### Work Study

Work Study is an opportunity to work part-time on campus in a job that is funded either by Federal Financial Aid or the Miramar College CalWORKs program. CalWORKs students may be eligible for Work Study positions, based on eligibility, availability and meeting other program requirements. Work Study allows students to join in the campus community, build job skills and earn money as they pursue their goals. The hours you work in a Work Study position also help you meet Welfare-to-Work requirements. The money you earn in a Work-Study funded position does not reduce your cash grant from the county.





### **Additional Campus & Program Services**

- Backpack and school supplies
- Career and personal counseling
- Clothing Drives
- Disability Support Services & Academic Accommodations
- Financial Aid toward college fees and living expenses
- Free Farmers Market
- Jet Fuel Food Pantry
- Lactation room
- Laptop lending library
- Parent Support Group
- Print cards
- Transportation assistance

### **A Coordinated Plan for Success**

CalWORKs Student Services is dedicated to helping you plan for your educational success. We plan to meet with our CalWORKs students a minimum of two appointments each semester. These meetings provide an opportunity to develop a supportive relationship with your counselor, obtain academic guidance and learn about important resources. Each semester you are required to update your Long Range Education Plan (LRP) and obtain an Individual Training Plan (ITP).

### **Long Range Education Plan**

This appointment focuses on developing and updating your unique education plan to achieve your goals while maintaining compliance with financial aid and your Welfare-to-Work plan.



### ITP: Individual Training Plan

Counselors will create an ITP for students in compliance with their education plan. Student will be given hours for lecture and study time.

### Eligible Applicants

- Must be at least 18 years of age
- Receive Cash Aid/TANF through the county CalWORKs program
- Have at least one child

- Interested in enrolling in college to improve basic skills, achieve a certificate, associate or bachelor's degree leading to employment.

### Program Application

1. Complete a Miramar College Application
2. Take the assessment test for English, Math or ELAC (English Language Acquisition, formerly ESL)
3. Complete the Miramar College CalWORKs Program Application and attend an Orientation

### Sample Budget for a CalWORKs Student with a Family of Three

County Aid*		College Aid** monthly during Semester	
	Monthly		
Cash Aid*	\$710	Pell Grant**	\$600
CalFresh*	\$505	Work Study***	\$400
Total	\$1,215	Total	\$1,000

\* Eligibility and amount may vary based on family size and income.

\*\* Eligibility and amount may vary based on financial aid determination of unmet need and number of units enrolled each semester.

\*\*\* Work Study availability is subject to eligibility requirements and placement opportunities.

CONGRATS

DAD



## [ student success profiles ]



### **Dannika Dugan**

Dannika is a first-generation college student who completed her AS for Transfer in Administration of Justice at Miramar College with a 3.9 GPA. She transferred to CSU San Marcos where she earned her BA in Criminology and Justice Studies in 2018. She then completed an MA in Educational Counseling in August 2019 and is now working as a Counselor for CalWORKs Student Services at Miramar College. She eventually wants to earn a doctorate in Community College Leadership. “In the meantime, I want to work with CalWORKs students, because that is where my heart is. I would also love to work closely with formerly incarcerated students and assist in forming a support group for them in the community college setting.”

As a single mother, Dannika identifies her proudest achievement as “getting into grad school. I never thought I would get an associate’s degree, let alone go for my master’s degree. [It] just shows that if you believe in yourself and trust the process you’ll be amazed at the things you can achieve.”



### **Marlem Lopez Meza**

Marlem Lopez Meza is a single mother of a 2 year old son. Born in California, she was raised in Guadalajara, Mexico. Many years later, she returned to the U.S. to start a new life with her son. Her academic goal is to complete her Associate Degree in Biology at Miramar College. Next, she plans to transfer to San Diego State University where she will pursue a Bachelor Degree in Sustainability.

Marlem’s goal is to become an Environmental Consultant. “I want to gain experience, and finish my Associate Degree”. In the meantime, I want to work with companies that need help to reduce their [environmental] footprint.”

“My son and my family are my motivation, they always support me, and my son brings me a beautiful smile even in the gray days. After that, nothing turns black. Everything is shiny.”



## [ student success profiles ]



### **Naghmeh Ilbegi**

Naghmeh is a single mother of two sons ages 14 and 23. Originally from Iran, she came to the United States as a refugee in 2016, after fleeing Iran and living in Malaysia for 5 and a half years. After she arrived in San Diego, she overcame many challenges learning how to navigate her new community by herself. She never imagined being able to attend college, but she persevered at each step of her journey. “I had to adapt myself to this new environment. I had to educate myself in every single way, to the U.S. culture, environment, how to get a job.”

Naghmeh’s academic goal is to complete her Associate Degree in Computer Business Technology. While initially very challenging, she has enjoyed the benefits of taking online classes. This has helped her balance her role as both student and mother. Among her academic achievements, Naghmeh was awarded the 2019 EOPS Region X Scholarship.

While attending classes at Miramar College, Naghmeh has been employed by the Miramar College CalWORKs Student Services program as an Outreach Mentor. In this role, she has developed her computer and technology skills, public speaking skills, as well as improving her conversational English. After completing her Associate Degree, her goal is to continue working at the college.



### **Aimal Fazli**

Aimal is the proud father of three children ages 8, 6 and 4. Originally from Afghanistan, he came to the United States in 2016 as a refugee on a Special Immigration visa, having served the U.S. Department of Justice and U.S. Embassy.

Currently enrolled at Miramar College, his academic goal is to complete an Associate Degrees in Business Administration. While attending classes, Aimal has been employed by the Miramar College Student Affairs Office. In this role, Aimal feels more integrated into the campus and has learned more about the services available to students. Aimal describes his motivation for his education: “To have degrees from U.S. colleges and universities is essential for getting a good job. A good job means more than just salary, it means the quality of the work environment, the people, and the company.”

## [ Come in or call today! ]

### San Diego Miramar College CalWORKs Office • 619-388-7378 • Location: K1-305

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San Diego, CA 92020

Campus Services	Telephone	Location
<b>CalWORKS Student Services</b>	<b>619-388-7378</b>	<b>K1-305</b>
Academic Success Center (tutoring)	619-388-7852	L-101
Admissions & Records	619-388-7844	K1-207
Assessment Office	619-388-7379	K2-108
Book Store	619-388-7866	K1-105
Career Services	619-388-7335	K1-308
Child Development Center	619-388-7851	F-200
Counseling	619-388-7840	K1-203
DSPS (Disability Support Programs & Services)	619-388-7312	K1-204
EOPS/CARE	619-388-7869	K1-305
Financial Aid	619-388-7864	K1-312
Health Center	619-388-7881	K2-102
Library	619-388-7310	L-114
Parking Permits/College Police	619-388-7353	T-1
Scholarships	619-388-7864	K1-312
Student Affairs	619-388-7313	K1-210
Transfer Center	619-388-7380	K1-306
Veterans & Military	619-388-7862	K1-207





# SAN DIEGO MIRAMAR COLLEGE

10440 Black Mountain Road  
San Diego, CA 92126-2910  
[www.sdmiramar.edu](http://www.sdmiramar.edu)

**Marsha Gable, Ed.D., Acting President**



*The San Diego Community College District includes San Diego City College, San Diego Mesa College, San Diego Miramar College and San Diego Continuing Education. The SDCCD is governed by its Board of Trustees. No oral or written representation is binding on the San Diego Community College District without the express approval of the Board of Trustees. (Sean Elo, Mary Graham, Craig Milgrim, Bernie Rbinerson, Maria Nieto Senour, Ph.D.)*

**Constance M. Carroll, Ph.D., Chancellor**

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