



MENTAL HEALTH COUNSELING
PRESENTS:

APRIL 8TH 2026

LAUGHING TOGETHER

IMPROV COMEDY WORKSHOP

WHERE COMEDY, EDUCATION, AND MENTAL HEALTH INTERSECT!

Comedy isn't just funny; it brings people together.
Join Miramar Mental Health for an interactive improv
comedy workshop!

Together, we will build & strengthen critical social skills,
practice collaboration & problem solving. strengthen
nonverbal communication, all while learning in a fun and
supportive environment!

**Pre
Register
Here!**

APRIL 8, 2026

12:30-2 PM

K1-107

OPEN TO ALL STUDENTS & EMPLOYEES

For questions and accommodations,
please email
Julia Kamp at jkamp@sdccd.edu

laughingtogether.org

