SAN DIEGO MIRAMAR COLLEGE

ASSOCIATE DEGREE REQUIREMENTS 2025-2026

Option 1 and Option 4

An Associate Degree requires a minimum of 60 degree-applicable semester units, including 12 taken within the San Diego Community College District. Liberal Arts and Sciences (LAS) and AA-T/AS-T degrees require completion of 60 or more transferable units. All courses required for the major must be completed with a grade of 'C' or better or 'P' (pass) grade; 6 units in the major must be completed at SDCCD. A 2.0 GPA is required in the curriculum upon which the degree is based.

KEY	**C** = Completed; **IP** = In Progress; **R** = Remaining **^** = Course meets District Multicultural Studies requirement. * = Course is listed in more than one GE area but cannot be counted in more than one GE area.

GENERAL EDUCATION REQUIREMENTS Complete 18 or more general education unit.

1 - ENGLISH COMPOSITION, ORAL COMMUNICATION and CRITICAL THINKING: A minimum of three semester units must be complete in **EACH** area (1A and 1B) with a "C" or better.

C IP R

1A – English Composition: ENGL C1000 (ENGL 101), 105

Other Regionally Accredited College Course or Exam Credit:_____

C IP R

1B – Communication and Analytical Thinking: COMM C1000 (COMS 103); COMS 135, 160, 170, ^180; ENGL C1001 (ENGL 205); GEOG 205; HIST 205; PHIL 100, 205

Other Regionally Accredited College Course:_____

2 - MATHEMATICAL CONCEPTS and QUANTITATIVE REASONING: A minimum of three semester units must be completed with a "C" or better, choose one course from the following:

C IP R

BANK 103; BIOL 200; BUSE 101, 115; CHEM 251; CISC 150, 181, 187, 190, 192, 201, 205, 246; ECON 120, 121; ENGE 151, 200, 240, 250, 260; GISG 104; HEIT 256; MATH 92 (City Apprenticeship students only [CAS]), 96 (CAS), 98 (CAS), 104, 107, 107L, 109, 115, 116, 118, 121, 122, 141, 150, 151, 210A, 210B, 215, 245, 252, 254, 255; MFET 210, 220; PHIL 101; PHYS 125, 126, 180A, 180B, 195, 196, 197; POLI 201; PSYC 258; STAT C1000 (MATH 119)

Other Regionally Accredited College Course or Exam Credit:_____

3 – ARTS and HUMANITIES: A minimum of three semester units must be completed, choose one course from the following:

C IP R

AAPI ^*124; AMSL 120, 121, 220, 221; ARAB 101, 102, 201A; ARCH 126, 127; ARTF 100, 106, 107, 108, 109, 110, 111, ^113, ^115, ^120, 125,130, 188, 191, 194, 212; BLAS ^110, ^111, ^120, ^150, ^155; CHIC 130, ^135, 138, ^190, ^*210, 230, ^250; CHIN 101, 102, 201, 202; DANC 181; DFLM 101, 102; DRAM 105, 107, 108, ^109, 111, 136, 137, 150, 151, 205; DSGN 104; ENGL 207, 208, 209, 210, 211, 215, 216, 220, 221, ^230, ^234, 237, 238, 240; FASH 120, ^122; FJMP 100; FREN 101, 102, 201, 202 GERM 101, 102, 201; HIST *100, *101, *105, *106, ^*120, ^*121, *131, *132; HUMA 101, 102, 103, 104, 106, 118, 119, 201, 202, 205, 210; INTE ^125; ITAL 101, 102, 201; JAPN 101, 102, 201, 202; MULT 116; MUSI 100, 103, ^109, 111, 114, 117, 118, 119, 125, 126, 131, 138; NAIS ^200; PHIL 102A, 102B, 103, 104A, 104B, 105, 106, 107, *108, 110, 111, 112, ^*125, 130, 131; PHOT 150; RUSS 101, 102, 201; SPAN 101, 102, 201, 202, 215, 216, 221, 222; TAGA 101, 102, 201; VIET 101, 102, 201

Other Regionally Accredited College Course or Exam Credit:_____

4 - Social & Behavioral Sciences: A minimum of three semester units must be completed, choose one course from the following:

C IP R

AAPI ^103; ^*124, ^*125, ^127, ^*130; ADJU 101, ^106, 230; AGRI 100; AMSL ^150; ANTH ^103, 107, 110, 117, 140, ^200, 205, ^210, 215; BLAS ^*100, ^104, ^115, ^116, ^125, ^130, ^135, ^*140A, ^*140B, ^145A, ^145B, 165, 175; BUSE 100, 140; CHIC ^*110A, ^*110B, ^140, ^141A, ^141B, 150, ^155, 170, 201, ^*210; CHIL 101, 103, ^141; COMS 201; CRES 101; DSST 101; ECON 120, 121, 220; ENGL ^202; FILI ^*100; FJMP 101; GEND ^101; GEOG ^102, 104, 154; HEAL 103, 104; HIST *100, *101, *105, *106, 109, 110, ^115A, ^115B, ^*120, ^*121, ^*123, ^130, *131, *132, 135, 141, 142, ^150, ^151, 154, 175; HUMS 101; JOUR 202; NAIS ^100 NUTR ^153; PADM 110, 200; PEAC 101; PHIL *108, ^109, ^*125, 126; POLI 101, ^103, ^121, 123, 124, ^140; POLS C1000 (POLI 102); PSYC C1000 (PSYC 101), 111, 112, 121, 123, 133, 135, 137, 155, 166, 211, 230, 245, 283; SOCO ^101, ^110, ^125, 145, ^150, 201, ^207, 220, ^223; SUST 101; WMNS ^101

Other Regionally Accredited College Course or Exam Credit:_____

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Option 1 and Option 4

5 - NATURAL SCIENCES: A minimum of three semester units must be completed, choose one course from the following:

C | IP | R

AGRI 107, 125; ANTH 102, 104 (lab); ASTR 101, 102, 109 (lab), 111 (lab); AVIA 115; BIOL 100, 101, 107, 110, 111, 115, 120, 130, 131, 135, 160,180, 205, 210A, 210B, 215, 230, 235, 250; CHEM 100, 100L, 103, 111, 111L, 130, 130L, 152, 152L, 160, 200, 200L, 201, 201L, 231, 231L, 233, 233L, 251; GEOG 101, 101L; GEOL 100, 101 (lab), 104, 111, 120 (lab), 130; MEDA 55; NUTR 150, 155; OCEA 101; PHYN 100, 101 (lab), 105, 114; PHYS 100, 125, 126, 180A, 180B, 181A, 181B, 195, 196, 197 PSYC 260, 260L

Other Regionally Accredited College Course or Exam Credit:_____

6 - Ethnic Studies: A minimum of 3 semester units must be completed, choose one course from the following:

C | IP | R

APPI ^*124, ^*125, ^*130; BLAS ^*100, ^*140A, ^*140B; CHIC ^*110A, ^*110B; FILI ^*100

Other Regionally Accredited College Course:_____

DISTRICT REQUIREMENTS (Option 1 only)

Please note that students following General Education CSU GE, IGETC or Cal-GETC are not required to complete District Requirements. Students following General Education Option 4 are not required to complete American Institutions, Health Education, Exercise Science, or Multicultural requirements of District Requirements. Please meet with a Counselor to discuss which option is best for your career/educational goal. More information can also be found in the College Catalog.

C | IP | R **AMERICAN INSTITUTIONS:** Complete **two (2)** courses that fulfill areas: US-1, US-2, **and** US-3.

☐ **US-1:** BLAS ^140A, ^140B; CHIC ^141A, ^141B; HIST 109, 110, ^115A, ^115B, ^123, 141, 142, ^150, ^151; POLI ^121

Other Regionally Accredited College Course or Exam Credit:_____

☐ **US-2:** BLAS ^140A; CHIC ^141A; HIST 109, ^115A, 141, ^150; POLI ^121; POLS C1000 (POLI 102)

Other Regionally Accredited College Course or Exam Credit:_____

☐ **US-3:** BLAS ^140B; CHIC ^141B; HIST 110, ^115B, ^*123, 142, ^151, 175**;** POLS C1000 (POLI 102)

Other Regionally Accredited College Course or Exam Credit:_____

Note: Students who have completed the American Institutions requirement except for the California government portion must complete one course approved in Area US-3 (AP US History – 3 or higher will clear Area US- 1 only; AP US Government & Politics – 3 or higher will clear Area US- 2 only).

C | IP | R **HEALTH EDUCATION:** Complete **Health 101** - 3 units.

Other Regionally Accredited College Course or Exam Credit:_____

Note: Credit may be awarded to U.S. Veterans and active duty U.S. military personnel with 6 months of continuous service to fulfill this requirement. Submit a copy of your Joint Service (JST) or CCAF transcripts to the Records Office. This requirement is also waived for students who earn degrees in Nursing Education and Physical Therapist Assistant, or are graduates of a certified paramedic training program.

C | IP | R **EXERCISE SCIENCE/DANCE:** Complete **two (2)** activity courses.

Course 1: ☐ **Course 2:** ☐

Other Regionally Accredited College Course or Exam Credit:_____

Students must complete two activity courses. Exercise Science courses numbered below PHYE 240 or below EXSC 229 are acceptable. Or any Dance courses except for DANC 181, 183 & 253. ADJU 127A, 127B, 127C, 127D, 128A, 128B, 128C, 128D, 323, 381 & 382 and, FIPT 100D, 150A, 150B, 160, 360A, 380W, 381F are also acceptable.

Note: Military credit may apply; see note for Health Education. Other options are available for students with physical limitations. This requirement is also waived for students with accredited Fire Fighter 1 certification or graduates of POST Commission certified regional law enforcement academy.

C | IP | R **MULTICULTURAL STUDIES:** Complete **one** course with a carat (**^**) symbol – 3 units.

Other Regionally Accredited College Course or Exam Credit:_____