

# SAN DIEGO MIRAMAR COLLEGE



## A Private, Comfortable Space for Nursing



Miramar College is committed to supporting faculty, staff, and students by providing private, comfortable spaces to express milk on campus.

### Lactation Room Locations:

- 📍 Library Courtyard — Beneath the stairwell
- 📍 \*K1 Building — Next to the Bookstore (**Coming Soon!**)

### Our lactation rooms provide:

- Private and clean environment
- Electrical outlets for convenience
- Cushioned seating and table surface
- A nearby sink- restrooms very close

### Lactation Room Guidelines:

- Clean up any spills.
- Remove all trash from the room.
- Be mindful of time — others may be waiting.
- Not for diaper changes, keep sanitation for lactation
- Rooms use is for Lactation purposes only.

**Note:** Nursing parents must arrange for their own refrigeration. Miramar College is not responsible for the security or integrity of stored breast milk.

**For more details, contact:** Student Health Services to register for use and **obtain your entry code.** 619.388.7881



Library Courtyard – Beneath the stairwell



\*K1 Building – Next to the Bookstore