

Occupational health services

Emergency and non-life-threatening care is available to all employees, not just our members.

If you have an emergency medical condition, call **911** or go to the nearest hospital.

Dedicated Occupational Health Center

- 1** Wildomar Medical Offices
36450 Inland Valley Drive
2nd Floor, Room 205
Wildomar, CA 92595
951-353-4322
Hours: M-F, 8:30am to 5pm*

After-hours/urgent care

Murrieta Medical Offices
28150 Keller Road
Murrieta, CA 92562
951-672-5600
Hours: M-F, 8:30am to 8:30pm
Sat-Sun, noon to 8pm

Hospital services/After hours care

Moreno Valley Medical Center
27300 Iris Avenue
Moreno Valley, CA 92555
951-243-0811
Hours: 7 days/week, 24 hours

Riverside Medical Center
10800 Magnolia Avenue
Riverside, CA 92505
951-353-2000
Hours: 7 days/week, 24 hours

Dedicated Occupational Health Center

- 2** San Marcos Medical Offices
400 Craven Road
Building 1, 2nd Floor
San Marcos, CA 92078
833-242-8500
Hours: M-F, 9am to 5pm*

Dedicated Occupational Health Center

- 3** San Diego Zion Medical Center
4647 Zion Avenue, 1st Floor
San Diego, CA 92120
833-242-8500
Hours: M-F, 9am to 5pm*

- 4** Otay Mesa Medical Offices
4650 Palm Avenue
Building 2, 2nd Floor
San Diego, CA 92154
833-242-8500
Hours: M-F, 9am to 5pm*

After-hours/urgent care

San Marcos Medical Offices
400 Craven Road
Building 3, 1st Floor
San Marcos, CA 92078
Hours: 7 days/week, 9am to 9pm

La Mesa Medical Offices
8080 Parkway Drive
La Mesa, CA 919142
Hours: 7 days/week, 9am to 9pm

San Diego Medical Center
9455 Clairemont Mesa Blvd
San Diego, CA 92123
Hours: 7 days/week, 9am to 9pm

Otay Mesa Medical Offices
4650 Palm Avenue, Building 1
San Diego, CA 92154
Hours: 7 days/week, 9am to 9pm



*Holidays closed: Memorial Day, Independence Day, Labor Day, Thanksgiving Day, Christmas Day, New Year's Day

Hospital services/After hours care

San Diego Medical Center
9455 Clairemont Mesa Blvd
San Diego, CA 92123
Hours: 7 days/week, 24 hours

San Diego Zion Medical Center
4647 Zion Avenue
San Diego, CA 92120
Hours: 7 days/week, 24 hours

Palomar Medical Center
2185 W. Citracado Parkway
Escondido, CA 90229
Hours: 7 days/week, 24 hours