

SAN DIEGO
MIRAMAR
COLLEGE

MENTAL HEALTH
COUNSELING

Midterm Madness



**Feeling stressed about midterms? Join us
for tips on making it through your
midterms successfully.**

Facilitated by:

Manisha Pete, Academic Success Center

Dr. Edelbrock, Mental Health Counseling

MONDAY, MARCH 13TH

12:30-1:30PM

ZOOM MEETING ID: 858 7915 2137