

SAN DIEGO MIRAMAR COLLEGE

MENTAL HEALTH COUNSELING

THOUGHTFUL *Tuesday*

Join us to reflect and relax through art. Together we will create our very own **Tree of Life** using different art mediums. Our trees represent who we are and who we hope to become.

TUESDAY OCTOBER 11TH

LOCATION: K1-211

STUDENT SERVICES BUILDING - 2ND FLOOR

12:30 -1:30 PM

