



Yoga Program's Recommended Course Sequence 2020 -21 Catalog Year

The following is a suggested one-semester course sequence recommended by the department faculty. **Therefore, this program can be completed in either the Fall or Spring semesters (or in multiple semesters, including Fall, Spring, and Summer semesters).** Note that pre-requisites for courses are not included in this plan, and it is always advisable to meet with a counselor to ensure you are meeting all current requirements.

Certificate of Achievement – Yoga Teacher

One Semester

	Fall or Spring Terms	Units
EXSC 145(A-D)	Yoga I-IV <i>Two Courses- A,B,C and/or D</i>	2.0
EXSC 293A	Yoga Teacher Training Integration	3.0
EXSC 293B	Yoga Teacher Training Implementation	3.0
EXSC 270	Exercise Science Internship/Work Experience	1-4.0
BUSE	<i>Please select only one BUSE course, below:</i>	
BUSE 129	Introduction to Entrepreneurship	3.0
BUSE 155	Managing the Small Business	3.0
BUSE 157	Developing a Plan for the Small Business	3.0
	<i>Total Units</i>	12-15