

How can I attend?

Academy recruits may be sponsored or unsponsored. To seek sponsorship, contact the agency where you wish to work. Many agencies sponsor their recruits through the Academy, with immediate employment following Academy graduation.

Alternately, you may finance yourself and enter the Academy un-sponsored by an agency, by enrolling with Miramar College's Admissions Office (619)388-7575 as an open enrollment student. Your name will be placed on a testing list to fulfill the required Academy entrance requirements, and eligible students will be chosen to fill available spaces in each Academy class. Students must obtain DOJ Live Scan clearance prior to starting Academy training.

Questions?

858 505-6600

www.sdmiramar.edu/academics/policeacademy

San Diego Miramar College
10440 Black Mountain Road
San Diego, CA 92126-2999

SAN DIEGO MIRAMAR COLLEGE



Police Academy

San Diego Regional Public
Safety Training Institute



General Academy Entrance Requirements

(Each agency has specific requirements)

- U.S. citizen or permanent resident alien who is eligible and has applied for U.S. citizenship prior to application for employment
- You must be at least 18 years of age for admission to the Academy. You must be at least 21 years of age to be hired by an agency; there is no maximum age limit
- High school diploma or equivalency
- Valid California Class C (Class 3) driver's license
- Lack of a felony (or certain misdemeanors) record or outstanding warrants
- Written test, Physical Agility test and Medical Examination
- Academy Physical Training Preparation
- DOJ Clearance Letter

25 weeks that will change your life

The San Diego Regional Public Safety Training Institute (SDRPSTI) at Miramar College provides recruits with the skills, practical training, and discipline to prepare them for rewarding careers in law enforcement.

Recruits attend the academy Monday through Friday, eight hours a day, for 25 weeks. Students attend classroom lectures, participate in technical skills training, and undergo intense physical conditioning. Those who successfully pass examinations and complete the program are eligible to receive a completion certificate, and after a graduate has completed one year of satisfactory service with a law enforcement agency, that agency may apply for the employee's Basic POST Certificate.

Accept the challenge...

Are You Ready?

The Academy Physical Training program is 24 weeks long, with physical training sessions 2–3 times per week, which may include speed and distance running, weight training and circuit training. You will be required to pass a Work Sample Test Battery consisting of an obstacle course, dummy drag, 6 foot wall climbs, and a timed run.

To start the Academy, you should be able to:

- continuously run for 3 miles in 27 minutes or less (9 minute per mile pace or faster)
- perform multiple sets of 20–25 pushups and sit ups.

Taking the time to adequately prepare for the Academy will increase your chance of being successful, while greatly decreasing the chance of injury during Academy training.