



Exercise Science Program's Recommended Course Sequence 2017-18 Catalog Year

The following is a suggested two-year course sequence recommended by the department faculty. Note that pre-requisites for courses are not included in this plan, and it is always advisable to meet with a counselor to ensure you are meeting all current requirements.

Nutrition and Dietetics - Associate in Arts Degree for Transfer

First Year

Fall Term		Units	Spring Term		Units	Summer Term		Units
NUTR 150	Nutrition	3.0	CHEM 200	General Chemistry I - Lecture	3.0	BIOL 230	Human Anatomy	4.0
PSYC 101	General Psychology	3.0	& CHEM 200L	General Chemistry I - Lab	2.0			
CHEM 100	Introduction to Organic and Biological Chemistry Lecture	3.0	NUTR 153	Cultural Nutrition	3.0			
CHEM 100L	Introduction to Organic and Biological Chemistry Lab	1.0	BIOL 107	General Biology Lecture and Lab	4.0			
<i>Total Units</i>		10.0	<i>Total Units</i>		12.0	<i>Total Units</i>		4.0

Second Year

Fall Term		Units	Spring Term		Units	Summer Term		Units
BIOL 205	General Microbiology	5.0	PSYC 258	Behavioral Science Statistics	3.0			
NUTR 170	Nutrition and Fitness	3.0	NUTR 155	Advanced Nutrition	3.0			
HLTH 101	Health and Lifestyle	3.0	BIOL 235	Human Physiology	4.0			
<i>Total Units</i>		11.0	<i>Total Units</i>		10.0	<i>Total Units</i>		0.0