

Community Resources for Suicidal Persons & Mental Health Collaborative Resources/Clinics

Access & CRISIS Team Suicide Hotline

24 hours, consultation and direct intervention: (800) 479-3339
Suicide Prevention Lifeline 800 273-TALK (8255)

San Diego County Psychiatric Hospital

24 hours, emergency room and inpatient facilities (619) 692-8200
3851 Rosecrans, San Diego

Other Hospitals with Emergency Psychiatric Facilities

Tri-City Hospital, Oceanside (760) 724-8411
Aurora, San Diego (North) (858) 487-3200
Palomar Medical Center, Escondido (760) 739-3000
Bayview Hospital, Chula Vista (619) 426-6310
Alvarado Parkway Institute, La Mesa (619) 465-4411
Grossmont Hospital, La Mesa (619) 465-0711
Scripps/Mercy Hospital, San Diego (619) 294-8111
Paradise Valley Hospital, National City (619) 470-4321
UCSD Medical Center, Hillcrest (619) 543-6222
Veterans Administration Hospital, La Jolla (858) 552-8585 x3391
Villa View Hospital, San Diego (619) 582-3516

Crisis Residential Programs

24 hour, voluntary alternatives to hospitalization
Turning Point, Oceanside (760) 439-2800
Isis Center, San Diego (South) (619) 575-4687
Vista Balboa (MEDI-CAL), San Diego (Park) (619) 233-4399
Jay Barreto, San Diego (Logan Heights) (619) 232-4357
Halcyon Center, El Cajon (619) 579-8685
New Vistas, San Diego (Downtown) (619) 239-4663

County Mental Health Clinics:

Weekday hours, consultation, crisis counseling and outreach services
Central San Diego: (619) 692-8750
East County: (619) 401-5440
North Coastal: (760) 967-4475
North Inland: (760) 741-4461
South: (619) 595-4400

Collaborative Resources/Clinics:

Center for Community Solutions (Domestic Violence) (858) 272 5777
Douglas Young Clinic (858) 695 2211
UPAC Mental Health (619) 229 2999