

Help Lines

San Diego 24 HR Access & Crisis Line

Phone: 800.479.3339 or 888.724.7240

Services: Telephone crisis intervention information and referral; suicide intervention and education; United Behavioral Health.

Warm Line

Phone: 800.930.WARM (9276) or 619.295.1055

Services: The Warm Line is a friendly telephone support line, answered by trained consumers who offer support, listen to concerns, and generally understand the caller's perspective and are willing to listen. The Warm Line is a non-crisis phone service, which serves as an alternative to the Access and Crisis Line or emergency services. Parent organization: The Meeting Place, Inc.

Youth to Youth Hotline

Phone: 866.222.1886

Services: Phones staffed by teens, supervised and trained by adults. Provides confidential peer counseling and referrals regarding problems, STD, drugs, relationships, dating violence, suicide, date rape, teen to teen.

** As of 08/14/2012*